TESTIMONIAL March 27, 2019

GOOD MORNING -

WHEN ASKED TO GIVE THIS TESTIMONIAL, ONE OF MY FAVORITE SAYINGS FOR YEARS, CAME TO MIND.

It is: "CHANCE HAPPENS TO THOSE IN MOTION".

<u>CHANCE</u> as defined by Webster is "*The possibility of something happening in the absence of any <u>obvious</u> design."*

THE 2ND PART OF THE SAYING HAS THE WORD - "MOTION"

I HAVE BEEN IN MOTION ALL OF MY LIFE AND FOR MOST OF MY ADULT YEARS, I HAVE PARTICIPATED IN ULTRA- ENDURANCE RACES.

HERE IS A BRIEF SAMPLING OF SOME OF THE EVENTS I HAVE DONE:

FOR **20** YEARS I PARTICIPATED IN <u>THE IRONMAN TRIATHLON</u> IN HAWAII WHICH COVERS 2.4 MILE SWIM, 112 MILE BIKE AND A FULL MARATHON – 26 MILES OF RUNNING.

FOR **2** YEARS I PARTICIATED IN <u>RACE ACROSS AMERICA</u> – A NON-STOP 3000 MILE BIKE RACE FROM THE PACIFIC TO THE ATLANTIC OCEAN. I WAS ON AN ALLWOMEN'S TEAM OF 4. BOTH YEARS WE FINISHED THE 3000 MILES IN 7-1/2 DAYS.

THE LAST EVENT I WILL MENTION WAS A TEAM EVENT CALLEDTHE <u>ECO-CHALLENGE</u>, A 350 MILE ADVENTURE RACE IN THE BACK COUNTRY OF SOUTHERN UTAH. IT TOOK 10 DAYS TO COMPLETE!

PREPARING FOR TODAY, I DECIDED TO TALLY ALL MY MILEAGE OVER THE YEARS OF TRAINING & RACING. THE ROUGH ESTIMATE ADDS UP TO 85,000 MILES RUNNING; 235,000 MILES BIKING, 10,000 MILES SWIMMING, AND NOW COUNTLESS MILES OF HIKING.

I CAN BEST SUM UP MY ABOVE EXPERIENCES WITH A FAVORITE QUOTE:

"IT IS NOT THE MAGNITUDE OF THE ADVENTURE THAT WE EMBARK UPON THAT MATTERS, BUT OUR CAPACITY TO WONDER AS WE ENGAGE OURSELVES IN THE WORLD"

WHEN I PURPOSELY STOPPED COMPETING AND SOMEWHAT CUT BACK IN MY LATE 50'S, I STARTED TO FEEL VERY LOST. I REALLY STRUGGLED DURING THAT TIME, BUT COULDN'T FIGURE OUT WHAT WAS GOING ON.

A RELATIONSHIP WITH GOD WAS NON-EXISTENT. CHURCH WAS SIMPLY DAD TAKING US TO CHURCH EVERY SUNDAY WHEN WE WERE KIDS.

SO ONE DAY DURING THIS PERIOD OF STRUGGLE, WHILE WALKING IN THE WOODS, I WAS CAUGHT TOTALLY BY SURPRISE WHEN I CRIED OUT <u>TO GOD</u> FOR HELP.

THAT EVENT STAYED WITH ME AND WAS VERY UNSETTLING.

BUT ONE SUNDAY I FELT COMPELLED TO COME TO A SERVICE AND SAT IN THE BACK OF THIS BEAUTIFUL CHURCH. IT FELT COMFORTING_TO BE HERE. MY LIFE WAS CHANGING. WAS IT BY CHANCE?

I KEPT COMING BACK...I WAS EMBRACED BY SOME LOVING MEMBERS AND QUICKLY BECAME IMMERSED IN <u>THIS</u> WONDERFUL COMMUNITY OF FAITH.

AFTER 15 YEARS, MY FAITH JOURNEY CONTINUES TO STRENGTHEN THROUGH PRAYER, THE DAILY LECTIONARY READINGS, THE SERMONS, SERVING ON VARIOUS COMMITTEES, SMALL GROUP OFFERINGS <u>AND</u> RELATIONSHIPS WITH <u>YOU</u>, THE MEMBERS OF TOWSON PRESBYTERIAN CHURCH.

THERE IS NOW FULLNESS IN LIFE <u>AND</u> COMMUNITY, NOT ONLY COMFORT IN KNOWING A LOVING GOD, BUT THE CALL TO BE A <u>BEACON OF HOPE</u> TO OTHERS AS WELL.

CHANCE ENCOUNTER IN THE WOODS?? I DON'T THINK IT WAS BY CHANCE.

I DO BELIEVE THAT <u>CHANCE HAPPENS TO THOSE IN MOTION</u>, BUT I THINK <u>THAT DAY IN THE WOODS</u>, I WAS TOUCHED BY THE <u>GRACE</u> OF GOD.

I AM STILL IN MOTION, BUT NOW WITH GOD AS MY GUIDING LIGHT.

THANK YOU!